

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
<u>Breakfast</u> Pancake/Stick, Fruit, Juice, Milk <u>Lunch</u> Salisbury Steak, Cream Potatoes, Green Peas, Rolls, Fruit, Milk	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Taco Soup, Salad, Carrots, Chips, Cheese, Fruit, Milk	<u>Breakfast</u> Breakfast Bar, Fruit, Milk, Juice <u>Lunch</u> Chicken Nuggets, Spinach, Pork n Beans, Roll, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> Hoagies, Lettuce, Tomatoes, Pickle Spears, Fruit, Milk	
11	12	13	14	15
<u>Breakfast</u> Donuts, Fruit, Juice, Milk <u>Lunch</u> Chicken Fajita, Refried Beans, Salsa, Salad, Fruit, Milk	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Spaghetti Meat Sauce, Blackeyed Peas, Salad, Fruit, Milk	<u>Breakfast</u> Waffle, Fruit, Juice, Milk <u>Lunch</u> Hot Dog, Pork n Beans, Baby Carrots Fruit, Milk	FALL BREAK	
18	19	20	21	22
<u>Breakfast</u> Breakfast Pizza, Fruit, Juice, Milk <u>Lunch</u> Burrito w/Chili & Cheese, Broccoli, Carrots, Fruit, Milk	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Beef Veg. Soup, Grilled Cheese, Salad, Fruit, Milk	<u>Breakfast</u> Pancake/Stick, Fruit, Juice, Milk <u>Lunch</u> Taco Salad, Refried Beans, Chips & Salsa, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> Hamburger, Cheese, Lettuce, Tomatoes, Pickle, Onion, Fruit, Milk	
25	26	27	28	29
<u>Breakfast</u> Honey Bun, Fruit, Juice, Milk <u>Lunch</u> Chicken Noodle Soup, Carrots Sticks, Salad, Cheese Sticks, Fruit, Milk	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Pizza, Spinach, Corn, Fruit, Milk	<u>Breakfast</u> Breakfast Bar, Fruit, Milk, Juice <u>Lunch</u> Beef Enchilada, Salad, Refried Beans, Salsa w/chips, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> Corn Dog, Baked Beans, Carrots, Fruit, Milk	
We offer five components at lunch, students must pick at least three. Menu subjected to change without notice. This institution is an equal opportunity provider				